



LAJPATRAI MEHRA

Neurotherapy Research & Training Institute

Faculty of Allied Health Sciences

LMNTRTI

Academic & Professional Brochure



Yogic
Science



Indian
Neurotherapy



Skill
Development



Practical
Training

BUILDING
HEALTHIER
TOMORROWS



207 FF, ITPL City, Sector-115,
Mohali - 140301, Punjab, India



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+91 94296 91141



01 INSTITUTIONAL PROFILE

About LMNTRTI



Faculty

Faculty of Allied Health Sciences

LMNTRTI works around education, practical training and research related to Indian Neurotherapy, Yogic Science and allied wellness-oriented learning.

Its academic approach places emphasis on application-based learning, practical competence, documentation, professional discipline and continuous learning.



What Students Build

- ✓ Foundational knowledge of human anatomy & physiology
- ✓ Understanding of the nervous system and Indian Neurotherapy
- ✓ Yoga, pranayama, relaxation and wellness skills
- ✓ Case documentation, communication and professional conduct
- ✓ Research orientation, project work and entrepreneurship



Official Contact Details

Particular	Official detail
 Faculty	Faculty of Allied Health Sciences
 Registered Office	207 FF, ITPL City, Sector-115, Mohali – 140301, Punjab, India
 Website	https://lmntrti.com/
 Email	admin@lmntrti.com
 Course / contact phone	+91 94296 91141
 Admissions portal	https://lmntrti.com/student-register/



YOUR JOURNEY TOWARDS
**BETTER HEALTH
BEGINS HERE**



APPLY NOW



NEUROTHERAPY
& YOGIC SCIENCE



PRACTICAL
TRAINING



RESEARCH
& INNOVATION



HOLISTIC
WELLNESS

**02 ACADEMIC PROGRESSION**

Academic Progression & Exit Ladder

The progression below follows the ladder pattern supplied from the Faculty of Skills & Vocational Studies reference and is presented as an academic progression framework. Actual awards and exits remain subject to the applicable University rules.

01**Diploma**

Foundation-level vocational qualification

**1 Year****₹ ₹70,000****02****Advanced Diploma**

Progressive practical & skill development

**2 Years****₹ ₹60,000 / year****03****B.Voc. — 3-Year Milestone**

Bachelor-level academic progression point

**3 Years****Academic ladder milestone****04****B.Voc. Honours — Flagship Programme**

Yogic Science (Indian Neurotherapy)

**4 Years / 8 Semesters****₹ ₹30,000 / semester****05****PG Diploma**

Postgraduate vocational specialization

**1 Year****₹ ₹70,000****06****Master / M.Voc.**

Advanced postgraduate study

**2 Years****₹ ₹70,000**

Flagship academic focus: The detailed student programme booklet supplied for this brochure describes the B.Voc. Yogic Science (Indian Neurotherapy) programme as **4 years / 8 semesters**, with multiple academic and skill components.

**PRACTICAL
TRAINING****RESEARCH &
INNOVATION****HOLISTIC
WELLNESS****YOUR FUTURE IN NEUROTHERAPY
STARTS HERE****APPLY NOW**

03 DIPLOMA

Diploma in Yogic Science & Indian Neurotherapy



Duration
1 Year



Indicative Eligibility
10+2



Annual Fee
₹70,000



Learning Focus

- ✓ Foundations of Yogic Science
- ✓ Human anatomy & physiology basics
- ✓ Introduction to nervous system
- ✓ Indian Neurotherapy foundations
- ✓ Basic yoga, pranayama and relaxation



What You'll Learn

- ✓ Observation and basic wellness assessment
- ✓ Communication and professional conduct
- ✓ Practical demonstrations and supervised learning
- ✓ Documentation and case-oriented learning
- ✓ Examination / practical assessment as notified



Programme format: Theory classes are conducted online. Practical training is conducted at designated practical / learning centres as per the academic schedule.



Who May Consider This Programme?

Students, wellness practitioners and learners seeking structured introductory vocational education in Yogic Science and Indian Neurotherapy may consider the Diploma, subject to the applicable admission rules.



**LEARN
PRACTICE
TRANSFORM**



YOUR JOURNEY TOWARDS
**HOLISTIC HEALTH
STARTS HERE**



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YOGIC SCIENCE



NEUROTHERAPY



WELLNESS



SELF GROWTH

04 FLAGSHIP PROGRAMME

B.Voc. Honours in Yogic Science (Indian Neurotherapy)



Holistic
Learning
for a Healthier
Tomorrow

A BLEND OF KNOWLEDGE, PRACTICE AND REAL-WORLD EXPOSURE



Duration
4 Years



Semesters
8



Per Semester Fee
₹30,000

The supplied University programme booklet combines academic knowledge, vocational skills, practical training, human anatomy and physiology, neuroscience, Indian Neurotherapy, therapeutic yoga, research, project work and workplace / industry exposure.



Academic Components

- ✓ Theory classes
- ✓ Practical classes
- ✓ Skill development
- ✓ Semester projects
- ✓ Continuous assessment
- ✓ Semester examinations



Programme Design

- ✓ Theory classes — online
- ✓ Practical training — designated practical / learning centres
- ✓ Theory examination — online, as notified
- ✓ Practical examination — notified centre / University location, as applicable
- ✓ Workplace / industry exposure — 15 days per semester as prescribed



The programme is vocational higher education in Yogic Science and Indian Neurotherapy. It is not an MBBS, BAMS, BHMS, BPT, Nursing or other regulated medical degree.



**CHECK YOUR
ELIGIBILITY NOW**



YOGIC SCIENCE



NEUROTHERAPY



WELLNESS



SELF GROWTH

05 SEMESTER I & II

Semester-wise Curriculum — I & II

A STRONG FOUNDATION FOR A BRIGHTER FUTURE



Semester I — Foundations of Yogic Science, Human Biology & Indian Neurotherapy

#	Course / Subject	Nature
1	Foundations of Yogic Science	Skill
2	Human Anatomy & Physiology	Skill
3	Introduction to Nervous System	Skill
4	Introduction to Indian Neurotherapy	Skill
5	Basic Pranayama & Relaxation	Skill
6	Basic Yoga Observation & Assessment	Skill
7	Communication Skills & Professional English	General
8	Indian Knowledge Systems & Yogic Philosophy	General
9	Digital Literacy, AI & Information Skills	General
10	Environmental Education & Sustainability	General
11	Health, Wellness & Life Skills	General



**Building Knowledge Today
for a Healthier Tomorrow**



**CHECK YOUR
ELIGIBILITY NOW**



YOGIC SCIENCE



NEUROTHERAPY



WELLNESS



SELF GROWTH

06 SEMESTER II

Semester II — Yogic Physiology, Neuroscience & Scientific Foundations



BUILDING A STRONGER FOUNDATION FOR ADVANCED LEARNING



Semester II — Yogic Physiology, Neuroscience & Scientific Foundations

#	Course / Subject	Nature
1	Yogic Anatomy & Physiology	Skill
2	Neuroanatomy & Neurophysiology-I	Skill
3	Scientific Foundation of Indian Neurotherapy	Skill
4	Yoga Practical: Intermediate Asana	Skill
5	Pranayama, Meditation & Relaxation Practical	Skill
6	Basic Wellness Assessment & Documentation	Skill
7	Psychology & Human Behaviour	General
8	Sanskrit & Foundations of Yogic Philosophy	General
9	Basic Statistics & Data Interpretation	General
10	Professional Ethics & Human Values	General
11	Entrepreneurship & Employability Skills	General



PRACTICAL SKILLS | DEEPER KNOWLEDGE | HOLISTIC GROWTH

YOUR JOURNEY TOWARDS A HEALTHIER TOMORROW



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ELIGIBILITY NOW**



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NEUROTHERAPY



WELLNESS



SELF GROWTH

07 SEMESTER III & IV

Semester-wise Curriculum – III & IV



KNOWLEDGE
PRACTICE
PEOPLE
BETTER LIVES

ADVANCED LEARNING FOR REAL-WORLD IMPACT



Semester III

- 1 Applied Yogic Physiology
- 2 Neuroanatomy & Neurophysiology-II
- 3 Therapeutic Yoga-I
- 4 Yoga Assessment & Case Documentation
- 5 Therapeutic Yoga Practical-I
- 6 Indian Neurotherapy Principles & Techniques-I
- 7 Research Fundamentals-I
- 8 Sociology of Health & Wellness
- 9 Health Communication & Counselling Basics-I
- 10 Entrepreneurship Fundamentals-I
- 11 Indian Constitution / Citizenship / Social Responsibility-I



Semester IV

- 1 Indian Neurotherapy Principles & Techniques-II
- 2 Therapeutic Yoga-II
- 3 Indian Neurotherapy Assessment & Case Documentation
- 4 Therapeutic Yoga Practical-II
- 5 Supervised Skills Lab
- 6 Community Outreach
- 7 Research Fundamentals-II
- 8 Sociology of Health & Wellness
- 9 Counselling
- 10 Entrepreneurship
- 11 Indian Constitution / Citizenship / Social Responsibility



Semester learning pattern: theory + practical skill development + documentation + project work + prescribed field / industry exposure.

Competency Emphasis



Understand

Body, nervous system, Yogic Science and Indian Neurotherapy foundations.



Practice

Structured practical learning, demonstrations, case documentation and supervised skills.



Communicate

Professional communication, counselling basics and ethical conduct.



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WELLNESS



SELF GROWTH

08 SEMESTER V & VI

Semester-wise Curriculum — V & VI

BETTER
PRACTITIONERS
BRIGHTER
COMMUNITIES

KNOWLEDGE • PRACTICE • REAL-WORLD APPLICATION



Semester V

- 1 Clinical Foundations of Indian Neurotherapy
- 2 Neuro-Yoga Therapy-I
- 3 Indian Neurotherapy Applications-I
- 4 Functional Movement & Postural Assessment
- 5 Supervised Practicum
- 6 Therapeutic Pranayama
- 7 Biostatistics
- 8 Psychology of Chronic Conditions & Behaviour Change
- 9 Nutrition & Lifestyle Management
- 10 Wellness Entrepreneurship & Start-up Management
- 11 Multidisciplinary Elective



Semester VI

- 1 Neuro-Yoga Therapy-II
- 2 Indian Neurotherapy & Lifestyle Management
- 3 Therapeutic Pranayama & Meditation
- 4 Case Management & Professional Documentation
- 5 OJT / Apprenticeship
- 6 Indian Neurotherapy Applications-II
- 7 Research Methodology
- 8 Data Analytics for Wellness Research
- 9 Healthcare & Wellness Entrepreneurship
- 10 Professional Counselling & Communication
- 11 Evidence-Based Health & Wellness

Applied Learning

FROM LEARNING TO REAL-WORLD IMPACT



Case-based learning

Observation, documentation and professional presentation.



Research skills

Research methodology, statistics and data interpretation.



Entrepreneurship

Wellness practice, employability and start-up orientation.



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ELIGIBILITY NOW**



YOGIC SCIENCE



NEUROTHERAPY



WEALNESS



SELF GROWTH

09 SEMESTER VII & VIII

Semester-wise Curriculum — VII & VIII

FROM ADVANCED LEARNING TO REAL-WORLD IMPACT

KNOWLEDGE
SKILLS
PRACTICE
PROFESSION

Semester VII

Advanced Professional Development

- 1 Advanced Neuro-Yoga Science
- 2 Neuroplasticity & Mind-Body Interventions
- 3 Advanced Therapeutic Yoga Practicum
- 4 Advanced Indian Neurotherapy & Clinical Reasoning
- 5 Industry Internship
- 6 Advanced Research Methodology
- 7 Evidence-Based Practice & Research Ethics
- 8 Leadership & Wellness Management
- 9 Entrepreneurship & Business Plan
- 10 IPR / Innovation / Start-up Basics
- 11 **Semester Project & Industry Training**
(programme component 15-day training + project submission as prescribed)



Semester VIII

Integration, Research & Capstone

- 1 Advanced Neuro-Yogic Intervention
- 2 Integrative Yogic Science & Indian Neurotherapy
- 3 Professional Practice / Standards / Ethics
- 4 Community / Industry Capstone Project
- 5 Comprehensive Practical & Viva
- 6 Dissertation / Research Project
- 7 Research Seminar & Presentation
- 8 Innovation / IPR / Start-up Development
- 9 Professional Development & Career Planning
- 10 Value Education / Mental Well-being / Social Responsibility
- 11 **Semester Project & Industry Training**
(programme component 15-day training + project submission as prescribed)



Programme outcome: By the final stage, the curriculum brings together subject knowledge, practical competence, research orientation, professional documentation, ethics, entrepreneurship and community-oriented learning.

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YOGIC SCIENCE



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WELLNESS



SELF GROWTH

10 PRACTICAL TRAINING

Practical Training, Workshops & Study Material

HANDS-ON EXPERIENCE FOR REAL-WORLD LEARNING

PRACTICE
SKILLS
GAIN
CONFIDENCE

Residential Practical Workshop

A residential practical programme may be organised approximately once every three months, normally for **2-3 days**.

- ✓ Intensive practical demonstrations
- ✓ Revision and supervised practice
- ✓ Case-based learning
- ✓ Viva / demonstration preparation
- ✓ Faculty / trainer interaction



Workshop charge:
approximately ₹3,000 – ₹5,000
per workshop, communicated
before the relevant session.



Learning & Field Exposure

- ✓ Theory classes through online learning mode
- ✓ Practical learning at designated centres
- ✓ 15 days of workplace / industry exposure per semester, as prescribed
- ✓ Project work linked with the academic structure
- ✓ Practical assessment and viva as notified



Digital Study Material

Course study material / books are provided in **PDF format through Student Login**.
No physical printed course books are included as a standard provision.
Students are expected to prepare and maintain their own notes.



Additional Reading — Optional

Hindi: निर्धारित syllabus के अतिरिक्त यदि कोई विद्यार्थी Indian Neurotherapy, Yogic Science, Yoga, Anatomy, Physiology, Wellness या अन्य संबंधित विषयों का अतिरिक्त अध्ययन करना चाहता है, तो वह अपनी रुचि और आवश्यकता के अनुसार market/reference books स्वयं खरीद सकता है। यह वैकल्पिक है और programme fee में शामिल नहीं है।

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YOGIC SCIENCE



NEUROTHERAPY



WELLNESS



SELF GROWTH

HEALTHY
MINDS
HEALTHY
COMMUNITIES

11 FEES

Programme Fee Structure


 INVEST
IN
KNOWLEDGE
FOR A
BETTER TOMORROW

The fee table below reflects the latest fee structure confirmed for this edition. Fees are shown **per semester** along with the annual amount for clarity.

Programme	Duration	Annual Fee	Per Semester
Diploma	1 Year	₹70,000/-	₹35,000/-
Advanced Diploma	2 Years	₹60,000/- per year	₹30,000/-
B.Voc. — 3-Year Milestone	3 Years	—	Academic progression milestone
B.Voc. Honours — 1st Year	Year 1	₹60,000/-	₹30,000/-
B.Voc. Honours — 2nd Year	Year 2	₹60,000/-	₹30,000/-
B.Voc. Honours — 3rd Year	Year 3	₹60,000/-	₹30,000/-
B.Voc. Honours — 4th Year	Year 4	₹60,000/-	₹30,000/-
PG Diploma	1 Year	₹70,000/-	₹35,000/-
Master / M.Voc.	2 Years	₹70,000/- per year	₹35,000/-


₹3,000 – ₹5,000

Approx. residential practical workshop charge per session.


₹2,000

Examination charge, applicable at the time of examination.



Admission, examination, practical training, workshop scheduling and other academic provisions remain subject to applicable University / Institute rules and notifications.


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WELLNESS



SELF GROWTH

12

ADMISSION ELIGIBILITY & PROCESS

Admission Eligibility & Online Process

EDUCATE
HEAL
EMPOWER

YOUR JOURNEY TOWARDS A MEANINGFUL CAREER STARTS HERE



Eligibility



Diploma

10+2 / equivalent qualification,
subject to applicable rules.



B.Voc. / B.Voc. Honours

10+2 / equivalent qualification,
subject to University admission rules.



PG Diploma

Graduation / eligibility as prescribed.



Master / M.Voc.

Graduation / eligibility as prescribed.



Online Admission

1

Open the online admission page.

2

Verify your email using the code sent to you.

3

Complete the registration / application
form.

4

Upload / submit required documents.

5

Pay the applicable programme fee online.

6

Send payment screenshot to
+91 94191 10939 for receipt / admission
support.

7

Receive confirmation as per University /
Institute procedure.



Official Admission Link

SCAN • REGISTER • APPLY



<https://lmntrti.com/student-register/>

The current admission page begins with email verification
and then opens the registration form.



Student support: Keep a copy of your application, fee transaction and payment
screenshot. Admission is treated as complete only after the applicable
verification / confirmation process.

**APPLY NOW**

START YOUR JOURNEY TODAY



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WELLNESS



SELF GROWTH

Documents, Academic Discipline & Student Responsibilities

PREPARE • PARTICIPATE • PROGRESS

DISCIPLINED
LEARNERS
STRONGER
TOMORROW

Common Admission Documents



Recent passport-size photographs



10th / SSC marksheet & certificate



12th / HSC marksheet & certificate



Graduation marksheets / certificate, where applicable



Aadhaar / identity proof



School leaving / transfer / migration document, where applicable



Caste / category certificate, where applicable



Any additional document required by the University / Institute



Student Responsibilities



Maintain attendance and academic discipline



Participate in theory and practical classes



Complete assignments, practicals and projects on time



Attend prescribed field / industry exposure



Appear in examinations and practical assessments



Follow University examination and academic rules



Remain available at notified practical / examination centre



Maintain respectful professional conduct



Examination & Assessment



The supplied programme booklet describes continuous internal assessment, assignments, practical work, tests / quizzes and end-semester examinations.



Theory examinations are conducted online as notified in the academic schedule.



Practical examinations are conducted at the notified centre / University location, as applicable.

**Examination charge: ₹2,000/-**, applicable at the time of examination.**YOUR NEXT STEP
STARTS HERE**

YOGIC SCIENCE



NEUROTHERAPY



WELLNESS



SELF GROWTH

Career Scope & Professional Clarification

LEARN TODAY • SERVE TOMORROW

*A Healthier
World
Needs You*



Indian Neurotherapy

Skill development relevant to Indian Neurotherapy practice within permitted scope.



Yoga & Wellness

Yoga, wellness education, relaxation and lifestyle-oriented learning.



Training & Education

Academic support, practical training and wellness education roles.



Wellness Organisations

Wellness centres, training centres and related organisations.



Research

Research orientation, projects, academic activities and evidence-based learning.



Entrepreneurship

Wellness-focused entrepreneurship and start-up development.



Important Professional Clarification

This programme provides vocational higher education in Yogic Science and Indian Neurotherapy. It should **not** be represented as an MBBS, BAMS, BHMS, BPT, Nursing or other regulated medical degree.



Completion of the programme does not, by itself, authorise a graduate to diagnose diseases, prescribe medicines, perform medical procedures, or represent themselves as a licensed medical practitioner where separate statutory registration or professional qualification is required.



Graduates should work within the scope permitted by applicable laws, University regulations and professional requirements.

Education • Skill • Practice • Ethics • Continuous Learning



BUILD A
MEANINGFUL CAREER



YOGIC SCIENCE



NEUROTHERAPY



WELLNESS



SELF GROWTH

HEALTHY
MINDS
HEALTHY
COMMUNITIES

LAJPAT RAI MEHRA

Neurotherapy Research & Training Institute

LMNTRTI

Yogic Science • Indian Neurotherapy • Skill Development • Practical Training • Research



REGISTERED OFFICE



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Admissions: lmntrti.com/student-register/

For payment screenshot / receipt support: Sumit Ji +91 94191 10939

Academic, fee, examination and practical provisions are subject to applicable
University / Institute rules and notifications.

