LAJPATRAI MEHRA NEURO THERAPY RESEARCH TRAINING INSTITUTE

VedaMinds
Empower Your Skills

GU GANDHINAGAR UNIVERSITY

SWAMINARAYAN UNIVERSITY
THE RESERVOIR OF ALL KNOWLEDGE

LONG LEARNING

LAJPATRAI MEHRA

Neurotherapy Research & Training Institute

Faculty of Allied Health Sciences

LMNTRTI

Academic & Professional Brochure



BUILDING HEALTHIER TOMORROWS

207 FF, ITPL City, Sector-115, Mohali - 140301, Punjab, India
lmntrti.com
admin@lmntrti.com
+91 94296 91141

LMNTRTI | Lajpat Rai Mehra Neurotherapy Research & Training Institute

01 INSTITUTIONAL PROFILE

About LMNTRTI

Faculty
Faculty of Allied Health Sciences

LMNTRTI works around education, practical training and research related to Indian Neurotherapy, Yogic Science and allied wellness-oriented learning.

Its academic approach places emphasis on application-based learning, practical competence, documentation, professional discipline and continuous learning.

What Students Build

- Foundational knowledge of human anatomy & physiology
- Understanding of the nervous system and Indian Neurotherapy
- Yoga, pranayama, relaxation and wellness skills
- Case documentation, communication and professional conduct
- Research orientation, project work and entrepreneurship

Official Contact Details

Particular	Official detail
Faculty	Faculty of Allied Health Sciences
Registered Office	207 FF, ITPL City, Sector-115, Mohali – 140301, Punjab, India
Website	https://lmntrti.com/
Email	admin@lmntrti.com
Course / contact phone	+91 94296 91141
Admissions portal	https://lmntrti.com/student-register/

YOUR JOURNEY TOWARDS
BETTER HEALTH BEGINS HERE

APPLY NOW

NEUROTHERAPY & YOGIC SCIENCE | PRACTICAL TRAINING | RESEARCH & INNOVATION | HOLISTIC WELLNESS

02 ACADEMIC PROGRESSION

Academic Progression & Exit Ladder

The progression below follows the ladder pattern supplied from the Faculty of Skills & Vocational Studies reference and is presented as an academic progression framework. Actual awards and exits remain subject to the applicable University rules.

01 — Diploma
Foundation-level vocational qualification
1 Year | ₹70,000

02 — Advanced Diploma
Progressive practical & skill development
2 Years | ₹60,000 / year

03 — B.Voc. — 3-Year Milestone
Bachelor-level academic progression point
3 Years | Academic ladder milestone

04 — B.Voc. Honours — Flagship Programme
Yogic Science (Indian Neurotherapy)
4 Years / 8 Semesters | ₹30,000 / semester

05 — PG Diploma
Postgraduate vocational specialization
1 Year | ₹70,000

06 — Master / M.Voc.
Advanced postgraduate study
2 Years | ₹70,000

Flagship academic focus: The detailed student programme booklet supplied for this brochure describes the B.Voc. Yogic Science (Indian Neurotherapy) programme as **4 years / 8 semesters**, with multiple academic and skill components.

PRACTICAL TRAINING | RESEARCH & INNOVATION | HOLISTIC WELLNESS

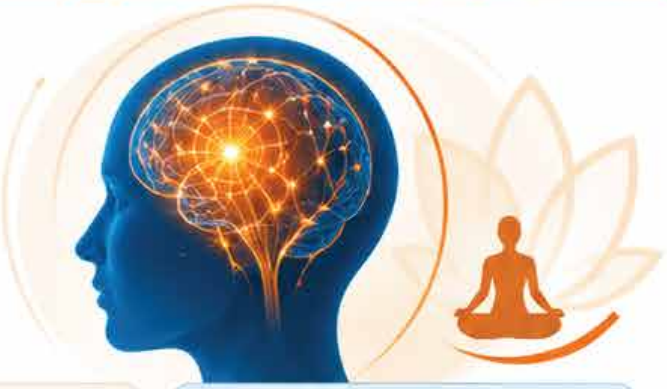
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03 DIPLOMA

Diploma in Yogic Science & Indian Neurotherapy



Duration	Indicative Eligibility	Annual Fee
1 Year	10+2	₹70,000

Learning Focus

- Foundations of Yogic Science
- Human anatomy & physiology basics
- Introduction to nervous system
- Indian Neurotherapy foundations
- Basic yoga, pranayama and relaxation

What You'll Learn

- Observation and basic wellness assessment
- Communication and professional conduct
- Practical demonstrations and supervised learning
- Documentation and case-oriented learning
- Examination / practical assessment as notified

Programme format: Theory classes are conducted online. Practical training is conducted at designated practical / learning centres as per the academic schedule.

Who May Consider This Programme?

Students, wellness practitioners and learners seeking structured introductory vocational education in Yogic Science and Indian Neurotherapy may consider the Diploma, subject to the applicable admission rules.

LEARN
PRACTICE
TRANSFORM

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PRACTICE
RESEARCH
SERVE
GROW

04 FLAGSHIP PROGRAMME

B.Voc. Honours in Yogic Science (Indian Neurotherapy)



Holistic Learning for a Healthier Tomorrow

A BLEND OF KNOWLEDGE, PRACTICE AND REAL-WORLD EXPOSURE

Duration	Semesters	Per Semester Fee
4 Years	8	₹30,000

The supplied University programme booklet combines academic knowledge, vocational skills, practical training, human anatomy and physiology, neuroscience, Indian Neurotherapy, therapeutic yoga, research, project work and workplace / industry exposure.

Academic Components

- Theory classes
- Practical classes
- Skill development
- Semester projects
- Continuous assessment
- Semester examinations

Programme Design

- Theory classes — online
- Practical training — designated practical / learning centres
- Theory examination — online, as notified
- Practical examination — notified centre / University location, as applicable
- Workplace / industry exposure — 15 days per semester as prescribed

The programme is vocational higher education in Yogic Science and Indian Neurotherapy. It is not an MBBS, BAMS, BHMS, BPT, Nursing or other regulated medical degree.

CHECK YOUR ELIGIBILITY NOW

YOGIC SCIENCE | NEUROTHERAPY | WELLNESS | SELF GROWTH

05 SEMESTER I & II

Semester-wise Curriculum — I & II

A STRONG FOUNDATION FOR A BRIGHTER FUTURE



KNOWLEDGE
SKILLS
PRACTICE
REAL IMPACT

Semester I — Foundations of Yogic Science, Human Biology & Indian Neurotherapy

#	Course / Subject	Nature
1	Foundations of Yogic Science	Skill
2	Human Anatomy & Physiology	Skill
3	Introduction to Nervous System	Skill
4	Introduction to Indian Neurotherapy	Skill
5	Basic Pranayama & Relaxation	Skill
6	Basic Yoga Observation & Assessment	Skill
7	Communication Skills & Professional English	General
8	Indian Knowledge Systems & Yogic Philosophy	General
9	Digital Literacy, AI & Information Skills	General
10	Environmental Education & Sustainability	General
11	Health, Wellness & Life Skills	General

Building Knowledge Today for a Healthier Tomorrow

06 SEMESTER II

Semester II — Yogic Physiology, Neuroscience & Scientific Foundations



BUILDING A STRONGER FOUNDATION FOR ADVANCED LEARNING

Semester II — Yogic Physiology, Neuroscience & Scientific Foundations

#	Course / Subject	Nature
1	Yogic Anatomy & Physiology	Skill
2	Neuroanatomy & Neurophysiology-I	Skill
3	Scientific Foundation of Indian Neurotherapy	Skill
4	Yoga Practical: Intermediate Asana	Skill
5	Pranayama, Meditation & Relaxation Practical	Skill
6	Basic Wellness Assessment & Documentation	Skill
7	Psychology & Human Behaviour	General
8	Sanskrit & Foundations of Yogic Philosophy	General
9	Basic Statistics & Data Interpretation	General
10	Professional Ethics & Human Values	General
11	Entrepreneurship & Employability Skills	General

PRACTICAL SKILLS | DEEPER KNOWLEDGE | HOLISTIC GROWTH

YOUR JOURNEY TOWARDS A HEALTHIER TOMORROW

CHECK YOUR ELIGIBILITY NOW

YOGIC SCIENCE | NEUROTHERAPY | WELLNESS | SELF GROWTH

07 SEMESTER III & IV

Semester-wise Curriculum – III & IV



KNOWLEDGE
PRACTICE
PEOPLE
BETTER LIVES

ADVANCED LEARNING FOR REAL-WORLD IMPACT

Semester III

1. Applied Yogic Physiology
2. Neuroanatomy & Neurophysiology-II
3. Therapeutic Yoga-I
4. Yoga Assessment & Case Documentation
5. Therapeutic Yoga Practical-I
6. Indian Neurotherapy Principles & Techniques-I
7. Research Fundamentals-I
8. Sociology of Health & Wellness
9. Health Communication & Counselling Basics-I
10. Entrepreneurship Fundamentals-I
11. Indian Constitution / Citizenship / Social Responsibility-I

Semester IV

1. Indian Neurotherapy Principles & Techniques-II
2. Therapeutic Yoga-II
3. Indian Neurotherapy Assessment & Case Documentation
4. Therapeutic Yoga Practical-II
5. Supervised Skills Lab
6. Community Outreach
7. Research Fundamentals-II
8. Sociology of Health & Wellness
9. Counselling
10. Entrepreneurship
11. Indian Constitution / Citizenship / Social Responsibility

Semester learning pattern: theory + practical skill development + documentation + project work + prescribed field / industry exposure.

Competency Emphasis

Understand

Body, nervous system, Yogic Science and Indian Neurotherapy foundations.

Practice

Structured practical learning, demonstrations, case documentation and supervised skills.

Communicate

Professional communication, counselling basics and ethical conduct.

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YOGIC SCIENCE | NEUROTHERAPY | WELLNESS | SELF GROWTH

08 SEMESTER V & VI

Semester-wise Curriculum — V & VI

BETTER PRACTITIONERS
BRIGHTER COMMUNITIES

KNOWLEDGE • PRACTICE • REAL-WORLD APPLICATION

Semester V

1. Clinical Foundations of Indian Neurotherapy
2. Neuro-Yoga Therapy-I
3. Indian Neurotherapy Applications-I
4. Functional Movement & Postural Assessment
5. Supervised Practicum
6. Therapeutic Pranayama
7. Biostatistics
8. Psychology of Chronic Conditions & Behaviour Change
9. Nutrition & Lifestyle Management
10. Wellness Entrepreneurship & Start-up Management
11. Multidisciplinary Elective

Semester VI

1. Neuro-Yoga Therapy-II
2. Indian Neurotherapy & Lifestyle Management
3. Therapeutic Pranayama & Meditation
4. Case Management & Professional Documentation
5. OJT / Apprenticeship
6. Indian Neurotherapy Applications-II
7. Research Methodology
8. Data Analytics for Wellness Research
9. Healthcare & Wellness Entrepreneurship
10. Professional Counselling & Communication
11. Evidence-Based Health & Wellness

Applied Learning

FROM LEARNING TO REAL-WORLD IMPACT

Case-based learning
Observation, documentation and professional presentation.

Research skills
Research methodology, statistics and data interpretation.

Entrepreneurship
Wellness practice, employability and start-up orientation.

CHECK YOUR ELIGIBILITY NOW

YOGIC SCIENCE | NEUROTHERAPY | WEALNESS | SELF GROWTH

HEALTHY MINDS | HEALTHY BODIES | HEALTHY COMMUNITIES

09 SEMESTER VII & VIII

Semester-wise Curriculum — VII & VIII

FROM ADVANCED LEARNING TO REAL-WORLD IMPACT



KNOWLEDGE
SKILLS
PRACTICE
PROFESSION

Semester VII
Advanced Professional Development

1. Advanced Neuro-Yoga Science
2. Neuroplasticity & Mind-Body Interventions
3. Advanced Therapeutic Yoga Practicum
4. Advanced Indian Neurotherapy & Clinical Reasoning
5. Industry Internship
6. Advanced Research Methodology
7. Evidence-Based Practice & Research Ethics
8. Leadership & Wellness Management
9. Entrepreneurship & Business Plan
10. IPR / Innovation / Start-up Basics
11. **Semester Project & Industry Training** (programme component 15-day training + project submission as prescribed)

Semester VIII
Integration, Research & Capstone

1. Advanced Neuro-Yogic Intervention
2. Integrative Yogic Science & Indian Neurotherapy
3. Professional Practice / Standards / Ethics
4. Community / Industry Capstone Project
5. Comprehensive Practical & Viva
6. Dissertation / Research Project
7. Research Seminar & Presentation
8. Innovation / IPR / Start-up Development
9. Professional Development & Career Planning
10. Value Education / Mental Well-being / Social Responsibility
11. **Semester Project & Industry Training** (programme component 15-day training + project submission as prescribed)

Programme outcome: By the final stage, the curriculum brings together subject knowledge, practical competence, research orientation, professional documentation, ethics, entrepreneurship and community-oriented learning.

CHECK YOUR ELIGIBILITY NOW

YOGIC SCIENCE | NEUROTHERAPY | WELLNESS | SELF GROWTH

HEALTHY MINDS | HEALTHY BODIES | HEALTHY COMMUNITIES

10 PRACTICAL TRAINING

Practical Training, Workshops & Study Material

PRACTICE
SKILLS
GAIN
CONFIDENCE

HANDS-ON EXPERIENCE FOR REAL-WORLD LEARNING

Residential Practical Workshop

A residential practical programme may be organised approximately once every three months, normally for **2–3 days**.

- Intensive practical demonstrations
- Revision and supervised practice
- Case-based learning
- Viva / demonstration preparation
- Faculty / trainer interaction

₹

Workshop charge:
approximately ₹3,000 – ₹5,000 per workshop, communicated before the relevant session.

Learning & Field Exposure

- Theory classes through online learning mode
- Practical learning at designated centres
- 15 days of workplace / industry exposure per semester, as prescribed
- Project work linked with the academic structure
- Practical assessment and viva as notified



Digital Study Material

Course study material / books are provided in **PDF format through Student Login.**
No physical printed course books are included as a standard provision.
Students are expected to prepare and maintain their own notes.

PDF

Additional Reading — Optional

Hindi: निर्धारित syllabus के अतिरिक्त यदि कोई विद्यार्थी Indian Neurotherapy, Yogic Science, Yoga, Anatomy, Physiology, Wellness या अन्य संबंधित विषयों का अतिरिक्त अध्ययन करना चाहता है, तो वह अपनी रुचि और आवश्यकता के अनुसार market/reference books स्वयं खरीद सकता है। यह वैकल्पिक है और programme fee में शामिल नहीं है।

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HEALTHY MINDS
HEALTHY COMMUNITIES

11 FEES

Programme Fee Structure

INVEST IN KNOWLEDGE FOR A BETTER TOMORROW

The fee table below reflects the latest fee structure confirmed for this edition. Fees are shown **per semester** along with the annual amount for clarity.

Programme	Duration	Annual Fee	Per Semester
Diploma	1 Year	**₹70,000/-**	**₹35,000/-**
Advanced Diploma	2 Years	**₹60,000/- per year**	**₹30,000/-**
B.Voc. — 3-Year Milestone	3 Years	—	Academic progression milestone
B.Voc. Honours — 1st Year	Year 1	**₹60,000/-**	**₹30,000/-**
B.Voc. Honours — 2nd Year	Year 2	**₹60,000/-**	**₹30,000/-**
B.Voc. Honours — 3rd Year	Year 3	**₹60,000/-**	**₹30,000/-**
B.Voc. Honours — 4th Year	Year 4	**₹60,000/-**	**₹30,000/-**
PG Diploma	1 Year	**₹70,000/-**	**₹35,000/-**
Master / M.Voc.	2 Years	**₹70,000/- per year**	**₹35,000/-**

₹3,000 – ₹5,000
Approx. residential practical workshop charge per session.

₹2,000
Examination charge, applicable at the time of examination.

Admission, examination, practical training, workshop scheduling and other academic provisions remain subject to applicable University / Institute rules and notifications.

12 ADMISSION ELIGIBILITY & PROCESS

Admission Eligibility & Online Process

EDUCATE
HEAL
EMPOWER

YOUR JOURNEY TOWARDS A MEANINGFUL CAREER STARTS HERE

Eligibility

Diploma
10+2 / equivalent qualification, subject to applicable rules.

B.Voc. / B.Voc. Honours
10+2 / equivalent qualification, subject to University admission rules.

PG Diploma
Graduation / eligibility as prescribed.

Master / M.Voc.
Graduation / eligibility as prescribed.

Online Admission

1. Open the online admission page.
2. Verify your email using the code sent to you.
3. Complete the registration / application form.
4. Upload / submit required documents.
5. Pay the applicable programme fee online.
6. Send payment screenshot to **9319110939** for receipt / admission support.
7. Receive confirmation as per University / Institute procedure.

Official Admission Link

SCAN • REGISTER • APPLY

https://lmntrti.com/student-register/

The current admission page begins with email verification and then opens the registration form.

Student support: Keep a copy of your application, fee transaction and payment screenshot. Admission is treated as complete only after the applicable verification / confirmation process.

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HEALTHY MINDS | HEALTHY BODIES | HEALTHY COMMUNITIES

13 DOCUMENTS & RESPONSIBILITIES

Documents, Academic Discipline & Student Responsibilities

DISCIPLINIED LEARNERS STRONGER TOMORROW

PREPARE • PARTICIPATE • PROGRESS

Common Admission Documents

- Recent passport-size photographs
- 10th / SSC marksheet & certificate
- 12th / HSC marksheet & certificate
- Graduation marksheets / certificate, where applicable
- Aadhaar / identity proof
- School leaving / transfer / migration document, where applicable
- Caste / category certificate, where applicable
- Any additional document required by the University / Institute

Student Responsibilities

- Maintain attendance and academic discipline
- Participate in theory and practical classes
- Complete assignments, practicals and projects on time
- Attend prescribed field / industry exposure
- Appear in examinations and practical assessments
- Follow University examination and academic rules
- Remain available at notified practical / examination centre
- Maintain respectful professional conduct

Examination & Assessment

- The supplied programme booklet describes continuous internal assessment, assignments, practical work, tests / quizzes and end-semester examinations.
- Theory examinations are conducted online as notified in the academic schedule.
- Practical examinations are conducted at the notified centre / University location, as applicable.
- **Examination charge: ₹2,000/-**, applicable at the time of examination.

14 CAREER DEVELOPMENT

Career Scope & Professional Clarification

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Indian Neurotherapy

Skill development relevant to Indian Neurotherapy practice within permitted scope.



Yoga & Wellness

Yoga, wellness education, relaxation and lifestyle-oriented learning.



Training & Education

Academic support, practical training and wellness education roles.



Wellness Organisations

Wellness centres, training centres and related organisations.



Research

Research orientation, projects, academic activities and evidence-based learning.



Entrepreneurship

Wellness-focused entrepreneurship and start-up development.



Important Professional Clarification

This programme provides vocational higher education in Yogic Science and Indian Neurotherapy. It should **not** be represented as an MBBS, BAMS, BHMS, BPT, Nursing or other regulated medical degree.

Completion of the programme does not, by itself, authorise a graduate to diagnose diseases, prescribe medicines, perform medical procedures, or represent themselves as a licensed medical practitioner where separate statutory registration or professional qualification is required.

Graduates should work within the scope permitted by applicable laws, University regulations and professional requirements.

Education • Skill • Practice • Ethics • Continuous Learning

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HEALTHY MINDS HEALTHY COMMUNITIES

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Yogic Science • Indian Neurotherapy • Skill Development • Practical Training • Research



REGISTERED OFFICE

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+91 94296 91141 | admin@lmntrti.com

lmntrti.com

Admissions: lmntrti.com/student-register/

For payment screenshot / receipt support: Sumit Ji — 9419110939

Academic, fee, examination and practical provisions are subject to applicable University / Institute rules and notifications.

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